



Clinical Applications

- Foundation Nutrition for a Variety Protocols
- “Insurance” Formula for Wellness
- Poor Dietary Nutrient Intake
- Stressful Lifestyle

Pura D Vitality Packs™ is a combination of four targeted nutritional formulas conveniently dose-packaged and providing comprehensive nutritional support. Pura D Vitality Packs for Women™ Contains iron and additional calcium. The formulas include Albion® chelated minerals, activated B vitamins, ORAC botanicals and fresh, pure, third-party assayed fish oils. Calcium is in the form of dicalcium malate and microcrystalline hydroxyapatite (MCHC).

All Vida Pura® Formulas Meet or Exceed cGMP quality Standards

Discussion

Each cellophane wrapped package of Pura D Vitality Packs™ contains the following Vida Pura® supplements:

Activ Nutrients™, a high quality, hypoallergenic, proprietary multivitamin- mineral blend in vegetable capsules featuring activated vitamin co-factors and patented Albion® chelated mineral complexes. Activ Nutrients™ contains a balanced nutrient profile needed because vitamins and minerals work synergistically. Many nutrients in Activ Nutrients™ (e.g. vitamins C and E, selenium, carotenoids) provide antioxidant protection and some (e.g. riboflavin, niacin, folic acid, B12) are needed to support Phase 1 detoxification.

Omega Pure 300 EC™, a highly concentrated oil that contains 180 mgs of EPA and 120 mgs of DHA in each highly absorbable, pleasant-smelling, natural vanilla, enteric coated softgel. The purity of these oils is the result of using the most advanced molecular distillation and chromatographic Super-Refining technology. Independent third party assay guarantees the stated amount of EPA/DHA is present. More importantly, the assay declares the absence of cholesterol, heavy metals, (e.g. mercury), rancidity, and contaminants such as pesticides and PCBs. Vitamin E as mixed tocopherol is added to prevent rancidity and ensure maximum freshness.

Oraxinol™, an innovative blend of botanicals contains RosemarinX™ derived from rosemary, and BerrX™, from a variety of berries. The technique known as “ORAC”, “Oxygen Radical Absorbance Capacity” measures antioxidant capacity. The units of an ORAC value are expressed as micromoles Trolox equivalents per gram of a substance. Consuming an average of 5-9 servings of a variety of fruits and vegetables per day yields 6000 Trolox Equivalents. This same amount is supplied by just capsules (1000mg) of Oraxinol™.

Pura D Vitality Packs for Women™ also contains:

Ossopan™ supplying 350 mgs/package of calcium from MCHC is composed primarily of calcium, but also contains phosphorous, organic factors, protein matrix, growth factors and a full spectrum of trace minerals that naturally comprise healthy bones. It is in a vegetable capsule.



Supplement Facts

Serving Size: 2 packets
Servings Per Container: 30

	(4) Multivitamin Formula Capsules		(2) Antioxidant Formula Capsules		(2) Omega-3 Formula Softgels		(2) Bone Support Formula Capsules	
	Amount	%DV*	Amount	%DV*	Amount	%DV*	Amount	%DV*
Calories					18			
Calories from Fat					18			
Total Fat					2 g	4%		
Vitamin A (as mixed carotenoids and cis-retinol palmitate)	7500 IU	150%						
Vitamin C (as potassium ascorbate, zinc ascorbate, calcium ascorbate and sodium ascorbate)	250 mg	417%						
Calcium (as MCHC and di calcium malate)	100 mg	10%					700 mg	70%
Vitamin D3 (as cholecalciferol)	200 IU	50%						
Vitamin E (as d-alpha tocopherol succinate, mixed tocopherols)	200 IU	667%			20 IU	66%		
Vitamin B1 (as thiamine mononitrate)	20 mg	1333%						
Vitamin B2 (as riboflavin 5 phosphate)	20 mg	1176%						
Vitamin B3 (as niacinamide, niacin)	63 mg	315%						
Vitamin B6 (as pyridoxal 5 phosphate)	20 mg	1000%						
Folate (as folic acid, 5-formyl tetrahydrofolate)	400 mcg	100%						
Vitamin B12 (as methylcobalamin)	500 mcg	8333%						
Biotin	1000 mcg	333%						
Pantothenic Acid (as d-calcium pantothenate)	200 mg	2000%						
Iodine (as potassium iodide)	100 mcg	67%						
Magnesium (as di magnesium malate)	100 mg	25%						
Zinc (as zinc bis-glycinate chelate)	13 mg	87%						
Selenium (as selenium glycinate)	100 mcg	143%						
Copper (as copper bis-lysinate)	1 mg	50%						
Manganese (as manganese bis-glycinate chelate)	500 mcg	25%						
Chromium (as chromium nicotinate glycinate)	500 mcg	417%						
Molybdenum (as molybdenum glycinate)	50 mcg	67%						
Potassium (as potassium glycinate and potassium ascorbate)	99 mg	3%						
Inositol	36 mg	**						
Choline (as choline dihydrogen citrate)	36 mg	**						
PABA	13 mg	**						
Vanadium (as vanadium nicotinate glycinate chelate)	750 mcg	**						
EPA (eicosapentaenoic acid)					360 mg	**		
DHA (docosahexaenoic acid)					240 mg	**		
RosemarinX™ and Berr-X™ (standardized to provide 6000 TE/g)			1000 mg	**				

* Daily Value.
** Daily Value not established.

Other Ingredients for Multivitamin Formula: Cellulose, magnesium stearate.
Other Ingredients for Antioxidant Formula: Cellulose, magnesium stearate.
Other Ingredients for Omega-3 Formula: Gelatin, glycerin, purified water, enteric coating and vanillin.
Other Ingredients for Bone Support Formula: HPMC, magnesium stearate and stearic acid.

Pura D Vitality Packs for Women also contains: Iron (as iron glycinate)

References

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3. Marier JR. Magnesium content of the food supply in the modern-day world. *Magnesium*. 1986;5 (1):1-8 [PMID: 3515057]
4. Worthington V. Effect of agricultural methods on nutritional quality: a comparison of organic with conventional crops. *Altern Ther Health Med*. 1998 Jan;4(1):58-69. [PMID: 9439021]
5. Worthington V. Nutritional quality of organic versus conventional fruits, vegetables, and grains. *J Altern Complement Med*. 2001 Apr;7(2):161-73. [PMID: 11327522]
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.