



Vida Pura's Artic Oil is proud to present another member of the family: Pura Cod Plus™, a pharmaceutical grade, natural cod liver oil dietary supplement distributed for professional use.

*Cod liver oil has been consumed for over 200 years. Research abounds that demonstrates its role in supporting normal development, cardiovascular health and neurological health. Cod liver oil has been used to reduce inflammation associated with arthritis and perhaps the gastrotoxicity of certain drugs such as NSAIDs.*

## Discussion

- Pura Cod Plus™ is a great tasting natural liquid flavored with natural orange essence that is ideal for children and adults who prefer not to take softgel capsules.
- Pura Cod Plus™ is a rich source of polyunsaturated omega-3 fatty acids and vitamin A with added vitamin D. (Fish oil concentrates are low in these vitamins)
- Each teaspoon of Pura Cod Plus™ supplies 363 mgs of EPA and 545 mgs of DHA. (Compare to Omega 600 Max with 360 mgs of EPA and 240 mgs DHA)
- Pura Cod Plus™ also supplies 1500 IUs of Vitamin A (as cis Retinol) and 100 IUs of Vitamin D (as cholecalciferol) with only 20 mgs of cholesterol and 45 calories.
- Optimal Freshness and stability is assured with the addition of a natural antioxidant blend that includes rosemary, mixed tocopherols, ascorbyl palmitate and citric acid.

<b>Supplement Facts</b>		
Serving Size: 1 Teaspoon (4.6 mL)		
Servings Per Container: 52		
	Amount Per Serving	%Daily Value
Calories	45	
Total Fat	4.5 g	7%
Saturated Fat	1 g	5%
Polyunsaturated Fat	1.5 g	**
Monounsaturated Fat	2 g	**
Cholesterol	20 mg	7%
Vitamin A (from cod liver oil)	1500 IU	30%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as mixed tocopherols)	10 IU	33%
EPA (Eicosapentanoic Acid)	363 mg	**
DHA (Docosahexaenoic Acid)	545 mg	**

\*\* Daily Value not established.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.