

Curriculum Vitae

Name: Anna M. Cabeca, D.O., F.A.C.O.G.

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E-Mail Address: DrCabeca@CabecaHealth.com

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Citizenship: U.S. Citizen

Current Titles and Affiliations:

Ob/Gyn Physician Solo Practice, Brunswick, Georgia, December 2000 to present

Consultant, Metametrix Clinical Laboratories, Atlanta, Georgia, May 2006 to present

Previous Academic and Professional Appointments:

Ob/Gyn Physician Solo Practice, Darien Georgia, December 2000 to April 2006

Clinical Faculty, Department of Gynecology and Obstetrics, Emory University School of Medicine, September 2000 to present

Board of Directors, YWCA, Brunswick, Georgia, December 2005 to June 2006

Ob/Gyn Physician, Women's Health Group, Brunswick, Georgia, August 1999 to November 2000

Licensure/Boards:

State of Georgia license # 42537, issued October 3, 1996

American Board of Obstetricians and Gynecologists, January 2002
ABOG Recertification, January 2007

Education:

Residency, Department of Gynecology and Obstetrics, Emory University School of Medicine, Atlanta, Georgia, July 1, 1995 through June 30, 1999

Nova-Southeastern University of the Health Sciences, College of Osteopathic Medicine, N. Miami Beach, Florida

Doctor of Osteopathic Medicine Degree, May, 1995

Temple University, Philadelphia, Pennsylvania

Completed graduate course work in Epidemiology and Environmental Medicine, 1991

George Washington University, Washington D.C.

Completed graduate course work in Epidemiology in the College of Public Health, 1990

Foundation for Advanced Education in the Sciences, at the National Institute of Health,
Bethesda, Maryland

Completed Graduate Course work in Biostatistics and Biochemistry, 1989-1990

Ursinus College, Collegeville, Pennsylvania

Bachelor of Science Degree in Biology and Psychology, May, 1988

Postgraduate Training:

Certification in Functional Medicine, December 2005

Certification in Advanced Hormone Therapy, January 2006

Committee Memberships:

Member, Wellcare of Georgia Medical Advisory Committee, Atlanta, Georgia, August 2007 to present

Fellow, American College of Obstetricians and Gynecologists, January 2001 to present

Member, Board of Directors, YWCA, December 2005 to December 2006

Member, National Osteopathic Women Physicians Association, secretary, August 1991 to August 1992

Member, American Medical Students Association, Computers in Medicine Task Force

Member, National Primary Care Day Task Force Consortium, 1993 to 1995

National Health Service Corps, Associate Recruiter, June 1993 to June 1995

Honors and Awards:

Outstanding Obstetrician and Gynecologists Award
CREOG 3rd Year resident highest scores, Emory, 1998
Letter of Commendation for medical student teaching, 1997
Rose Community Service Award, May, 1995
National Health Service Corps Scholarship, 1991-1994
Dean's List, 1993
Student Osteopathic Medical Association Scholarship, 1993 and 1994
Human Relations Award - Dale Carnegie Course, 1994
Outstanding College Students of America Award, 1988

Society Memberships:

Member, American College of Obstetrics and Gynecology, July 1995 to present
Member, American Fertility Society, 1998 to present
Member, American Medical Association, 1995 to present
Member, Physicians of Coastal Georgia, 1999 to present
Lifetime Member, National Registry of Who's Who, 2001
Member, National Student Osteopathic Medical Association, Community Medicine & Public Health Task Force Director, April 1993 to April 1995
Member, International Public Health Program Liaison, International Federation of Medical Students Association
Member, National Association of Community Health Offices (NACHO), Task Force
Member, Student Osteopathic Medical Association National Liaison Officer, May 1992 to May 1993

Research:

Dr. Kyrin Dunston, Phase III National Clinical Trials, 2002 to 2005

Comparison of Labor Curves Between African-American and Hispanic Populations. Sponsor: B. Denise Raynor, M.D. John Thompson Resident Research Program and Thirty-Second Annual Clinical Topic in Gynecology and Obstetrics, Presented by the Department of Gynecology and Obstetrics, Emory University School of Medicine, Thursday and Friday, June 11 and 12, 1998, Atlanta, Georgia.

Evaluation of Labor Curves in Teen Pregnancy. Sponsor: B. Denise Raynor, M.D. John Thompson Resident Research Program and Thirty-First Annual Clinical Topic in Gynecology and Obstetrics, Presented by the Department of Gynecology and Obstetrics, Emory University School of Medicine, Thursday and Friday, May 15 and 16, 1997, Atlanta, Georgia.

Nova-Southeastern University of the Health Sciences, N. Miami Beach, Florida; Physiology Teaching Assistant
Assisted with the organization and teaching of medical physiology labs and experiments. Instructed fellow medical students in laboratory technique and basic research principles, August 1991 to July 1992

Wyeth-Ayerst Research, Princeton, NJ; Chemist
Computerized and developed the data acquisition processes in the Drug Metabolism Department. Instructed and organized training seminars. Established and implemented Quality Assurance Protocols with the FDA, December 1990 to August 1991

Naval Medical Research Institute, Bethesda, MD; Biological Laboratory Technician
Assisted and independently conducted research projects in exercise and respiratory physiology within the realm of diving medicine. Analyzed pulmonary and cardiovascular functions in the laboratory and hyperbaric environment, December 1988 to December 1990

E.I. DuPont de Nemours, Glasgow, DE; Quality Control Laboratory Technician
Quality assurance testing of human blood serum and urine samples through the Automatic Clinical Analyzer. Calibrated instruments, assisted in troubleshooting, and performed computer aided data analysis, September 1988 to December 1988

Lenape Valley Foundation, New Britain, PA; Mental Health Worker
Coordinated activities in a social rehabilitation program designed to help the acutely and chronically mentally disabled acquire/reacquire social skills, June 1987 to August 1987

Continuing Medical Education:

Living Valley Springs, Kin Kin, Australia- Dr. Gary Martin - Health and Wellness Program
educational activity April 7-17, 2007

Liggins Institute, Auckland, New Zealand - Professor Peter Gluckman CNZM, MBChB, MMedSc, DSc, FRACP, FRCPCH, FRSNZ, FRS, Women's Health Research, educational activity February 22, 2007

Managing Hypertension and Cardiovascular Issues. DFH Educational Programs. New York, New York, June 2-4, 2006

Overcoming Weight Loss Resistance. DFH Educational Programs. Ft. Lauderdale, Florida, February 25-26, 2006

PCCA Advanced BHRT for Female Patients Symposium, CME, Sugarland, Texas, January 26-28, 2006

Men's and Women's Health: Nutritional Strategies for Managing Common Challenges In Ages 25-50. CME, Sponsored by Metagenics Educational Programs. Orlando, Florida, January 6, 2006

Applying Functional Medicine in Clinical Practice, Institute of Functional Medicine, CME Conference, November 28-December 3, 2005

Trans-Obturator Sub-urethral Sling training – Dr. Miklos, July, 2004.

Hormonal Therapy and Integrative Medicine Course, Atlanta, Georgia; CME Conference, November 12-14, 2004

ACOG National Meeting, Philadelphia, Pennsylvania; CME Conference, May 1-7, 2004

Lectureships, Seminar Invitations and Visiting Professorships:

Optimizing Our Breast Health and Preventing Disease at Any Age. Marshe's Edge on St. Simons Island, Georgia, August, 2006

Getting Patients Healthy for Pregnancy. National Educational Teleconference. Clinical Rounds, Designs for Health, Brunswick, Georgia, March 8, 2006

Breast Health – Optimizing our Breast Health and Preventing Disease. Bell's of Remembrance. Breast Disease Awareness Conference, St. Simons Island, Georgia, February 2006

Weight Loss Resistance, Brunswick, Georgia, 2006

Healthy Detoxification and Rejuvenation, Brunswick, Georgia, 2005, 2006

Hormone Balance. Women's Wellness Conference, Coastal Georgia Community College, Brunswick, Georgia, November 2005

Hormone Balance. Women's Health Seminar for Breast Cancer Research, American Cancer Society, St. Simons Island, Georgia, October 2005

Aging Gracefully from a Gynecologist's Point of View. Women's Wellness Conference, Coastal Georgia Community College, Brunswick, Georgia, November 6, 2004

Aging Gracefully. Women's Health Seminar for Breast Cancer Research, American Cancer Society, St. Simons Island, Georgia, October 2004

Aging Gracefully. Women's Health Seminar for Breast Cancer Research, American Cancer Society, St. Simons Island, Georgia, October 2003

Women's Sexual Health. Mothers of Preschoolers, St. Simons Island, Georgia, 2000 and 2001

Hormone Replacement. YWCA Health Conference, Brunswick, Georgia, May 1999

Testing of a Prototype CO2 Sensor for use in Underwater Breathing Apparatus. Undersea Biomedical Research Supplement. Amsterdam, Netherlands, August, 1990

Other Activities:

Interest and Independent Study in International Women's Health and Integrative Health and Wellness with World Travel and Experience 2007, including visiting Dr. Peter Gluckman, Liggin's Institute, New Zealand; Dr. Wilhelm Viera, Center for Conscientiology, Brazil; Dr. Maria Michaels, Native American Intuitive Healer; Indonesian healer; Doctors Bishara, Bahouths, and Weiner, Ram Bam hospital, Israel; herbal medicine, Peru; Dr. Eirmann, Munich, Germany.

Clinical experience and observation of Far East Healing Sciences, Asia, May 2007

Participated in a Medical Mission to Honduras, February 2000

National Health Service Corps Scholar, July 1991 to June 1994

Participated in a videotaping with Dr. C. Everett Koop for the first National Primary Care Day, 1994

Aided Hurricane Andrew relief efforts, August 1992

Presented independent research at The International Convention in the Netherlands.

Participated in a summer International Medical Student Exchange Program to the University of Alexandria, Egypt, June 1991

Bibliography:

A. Cabeca. Breast Cancer Awareness. The Darien News, 2003.

A. Cabeca. From Brunswick to Honduras. The Darien News, 2000.

A. Cabeca, D. Raynor, C. Hess, T. Coleman. Evaluation of the labor curves in teen pregnancy. Resident Research Day slide presentation. JD Thompson Lectureship. May, 1997.

A. Cabeca, J. Cabeca. Affecting Evolution through Preferential Gene Selection. Student Doctor. 1994.

H. Burke and **A. Cabeca.** Intervention and Diagnosis of Battered Woman Syndrome. Student Doctor. September/October, 1994, Vol. 15, No. 6.

A. Cabeca. Community Medicine and Public Health Update. Student Doctor. May/August 1994, Vol. 15, No. 5. pp. 58-59.

A. Cabeca. National Primary Care Day. Student Doctor. May/August, 1994, Vol. 15, No. 5. p. 32.

A. Cabeca. First Aide for Boards: A guide for the chronic procrastinator. Student Doctor. December/January, 1994, Vol. 15, No.3, pp. 35-36.

A. Cabeca. Miami to Egypt: Perspective of an exchange student. Student Doctor. May/April, 1993.

J.R. Clarke, D. Vila, **A. Cabeca**, E.D. Thalmann, and E.T. Flynn. A Probabilistic Analysis of Air Diving at 150 fsw. Naval Medical Research Institute Technical Report, 1990.

A.M. Cabeca, J.R. Clarke, D. Vila, and E.T. Flynn. Testing of a Prototype CO2 Sensor for use in Underwater Breathing Apparatus. Undersea Biomedical Research Supplement. August, 1990.

J.R. Clarke, D. Vila, **A. Cabeca**, E.D. Thalmann, and E.T. Flynn. The Testing of Physiological Design Criteria for Underwater Breathing Apparatus. XVth annual meeting EUBS'89 on Diving and Hyperbaric Medicine, Eilat, Israel, September 17-21, 1989.

Personal:

Mother of 4 children

Conversant in French, Arabic, and Spanish.

Hobbies include traveling, tennis, and reading.