

***A New Year, A New Look, A New You!***

**MAKE YOUR RESOLUTION COME TRUE**

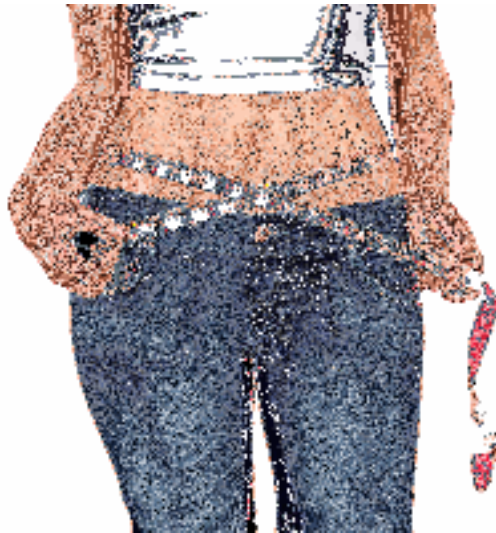


**JOIN OUR  
RESTORATIVE HEALTH  
&  
WEIGHT LOSS PROGRAM**

**Cabeca Health's Group Restorative Health & Weight Loss Program can help you lose weight and teach you to keep the pounds off – in a fun group setting – while achieving your optimal health.**

**Improve your overall health and increase energy through a program designed by practitioners with years of running Weight Loss Workshops.**

**Amazingly affordable!**



**Join our Group Workshops every Thursday evening from 5:30-6:30pm.**

**Our workshops include:**

- **Professional instruction**
- **Educational handouts: diet plans with menu options, food diary, supplement recommendations, and health quizzes**
- **Test for Zinc deficiency, Body fat analysis, and Bio-impedance analysis.**
- **Recommendations for diet and eating habits**
- **Strategies for weight loss resistance, including hormone balance, digestive health, detoxification, exercise and fitness goals.**

**Our Restorative Health Weight Loss Program includes:**

- **Weekly lipo-injection multivitamin weight loss shots.**
- **Vida-trim weight loss supplement**
- **Vida-Carnitine supplement for metabolism support**
- **Vida-Meal protein meal replacement**
- **Weekly weigh ins**
- **Weekly Classes**
- **Personal one-on-one training**

**We will also be offering 2 One-on-One sessions with a personal fitness trainer for \$100.00.**



**FEEL FIT! LOOK FIT!  
FEEL GREAT! LOOK GREAT!**

**Join our free introductory class for our Restorative Health & Weight Loss Program on Thursday, February 12<sup>th</sup>, 2009 at 5:30pm.  
Please call 912-267-7780 to RSVP.**

**The following 4-week Packages are available:**

**1. Platinum Program - \$560.00 savings of \$157.00**

- Twice weekly lipo-injection intense multivitamin weight loss shots
- 4 week supply of the Vida-Trim weight loss supplement
- 4 week supply of the Vida-Carnitine supplement for metabolism support.
- 4 week supply of the Vida-Meal protein meal replacement
- 4 weekly weigh ins
- 4 weekly classes

**2. Gold Program - \$440.00 savings of \$117.00**

- Once weekly lipo-injection intense multivitamin weight loss shots
- 4 week supply of the Vida-Trim weight loss supplement
- 4 week supply of the Vida-Carnitine supplement for metabolism support.
- 4 week supply of the Vida-Meal protein meal replacement
- 4 weekly weigh ins
- 4 weekly classes

**3. Silver Program - \$260.00 savings of \$105.00**

- Once weekly lipo-injection intense multivitamin weight loss shots
- 4 week supply of the Vida-Trim weight loss supplement
- 4 week supply of the Vida-Carnitine supplement for metabolism support.
- 4 weekly weigh ins
- 4 weekly classes

**4. Bronze Program - \$200.00 savings of \$80.00**

- Once weekly lipo-injection intense multivitamin weight loss shots
- 4 weekly weigh ins
- 4 weekly classes

**Individually priced:**

<b>Lipo- injection</b>	<b>\$40</b>
<b>Vida-Trim supplement</b>	<b>\$56</b>
<b>Vida-Carnitine</b>	<b>\$29</b>
<b>Vida-Meal canister</b>	<b>\$48</b>
<b>Zinc testing</b>	<b>\$10</b>
<b>BIA</b>	<b>\$30</b>
<b>Carotenoid score</b>	<b>\$30</b>
<b>Class</b>	<b>\$30</b>